

## Refusing to Run

Winning Friends by Giving Up the Race

### Devotional Verse

2 Corinthians 10:12-13

We do not dare to classify or compare ourselves with some who commend themselves. When they measure themselves by themselves and compare themselves with themselves, they are not wise. We, however, will not boast beyond proper limits, but will confine our boasting to the sphere of service God himself has assigned to us, a sphere that also includes you.

### Bad Rule

We have to prove ourselves in this world.

### Focus on the Truth

We are created to celebrate our smallness.

### Digging Deeper

1. What does it mean to me to refuse to run?

---

---

---

---

2. Where am I most vulnerable to competition?

---

---

---

---

3. What can I change in me that will change the dynamic in a competitive relationship?

---

---

---

---

4. How do I increase my focus on "BIG GOD" more than "little me?"

---

---

---

---

5. How will I celebrate my smallness this week?

---

---

---

---



**"Refusing to run will make you lose fans: but they weren't real friends anyway."  
- Amy Carroll**

**Prayer**

Dear Jesus, I so want to stop the exhausting treadmill I so easily jump on. Running with our culture will feel good for a moment, but I want to live in your love and grace! Please help me to move against the culture and my weaknesses. Help me to be a woman who includes others instead of feeling the need to compete. You are so good to me. Amen

 **Join the Grit 'n' Grace Girls Community @GritNGracePodcast**

# Notes

