

Grit 'n' Grace

GOOD GIRLS BREAKING BAD RULES



DIGGING DEEPER

Discovery

Episode #99

Building Faith that Deals with Disappointment



Building Faith

that Deals with Disappointment

Discovery Verse

Hebrews 4:15 (NLT)

This High Priest of ours understands our weaknesses, for he faced all of the same testings we do, yet he did not sin.

Grow Your Grit

We are all in need of help and understanding.

Embrace God's Grace

God writes an IEP for each of us!

Discovery Quote

"God prepared perfection, and He didn't get a return on investment either. He understands what that feels like for us."

~Diane Kim

Digging Deeper

1. Defensive vs. Disappointed – How can I discern the two in my life?

2. When life isn't the way it's supposed to be I react in these ways:

3. What do I need to get honest with God about?

4. Can I relate to any of the damaging questions Diane talks about?

5. What can I embrace about my imperfect life?

6. Who might need my encouragement?

Discovery Prayer

Dear Lord,

Life has such hard lessons and I admit, there are times that I hate that. But, your love and kindness lead me to want to see the great ways you are working on me in the hard places. I also give my pain back to you to turn into compassion for others and myself. Help me learn about the "spiritual IEP" you've designed for me.

In Jesus Name, Amen



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