

Grit 'n' Grace

GOOD GIRLS BREAKING BAD RULES



DIGGING DEEPER

Discovery

Episode #67

The Love Cycle:
Showing Love in All the Right Places



The Love Cycle:

Showing Love in All the Right Places

Discovery Verse

Romans 13:8a (NIV)

"Let no debt remain outstanding,
except the continuing debt to love one another."

Grow Your Grit

Loving well is very intentional and requires paying attention.

Embrace God's Grace

Anyone can respond to heart drops. We can ask God to help us be alert and pay attention.

Discovery Quote

"Lord help me pay attention today. Help me to notice that person who least expects to be seen and do something for them."

~Karen Ehman

Digging Deeper

1. How is social media impacting me? Is our culture making me more self-centered?

2. Heart drops happen all the time. How can I become more attune and responsive to these in those I love?

3. What do I need to cut back to add in more heart drop opportunities?

4. How did it feel to be the recipient of kindness and intentional generosity?

5. How can I get my perfectionism out of the way to do this better?

6. Who came to mind who needs a loving encounter? What will I do for them this week?

Discovery Prayer

Dear Jesus,

Today Lord, I want to be more loving and other-centered. Please help me find a person who has it worse than me and make their day. Help me make other people my people. Help me go there with them to their places. Help me get past myself. Thank you that I can be a blessing immediately! Amen.



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