

Grit 'n' Grace

GOOD GIRLS BREAKING BAD RULES



DIGGING DEEPER *Devotional*

Episode #64

How to Create Change That Lasts



How To Create Change That Lasts

Devotional Verse

Isaiah 43:19

"See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland."

Bad Rule

Real progress is fast progress.

Focus on The Truth

Any step forward is progress.

Devotional Quote

"Maintaining the change is going to be as hard of work as creating the change." --Amy Carroll

Digging Deeper

1. What can I do to embrace “imperfect process” in my daily life?

2. Do I believe that a slow process can lead to my desired results?

3. What can I do when things start slipping backward to create a new way to respond?

4. During “dormant times” I can embrace.....(finish the thought)

5. What “girl in me” needs to be seen and embraced?

Devotional Prayer

Dear Jesus,

I so want my life to reflect you more and more each day.
When it comes to mothering and being mothered I admit I get lost.

But...my heart is yours and I am willing to learn.

Slow me down so I can hear you.

Let your grace fill me and pour out from me.

Amen.



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