

# Grit 'n' Grace

GOOD GIRLS BREAKING BAD RULES



DIGGING DEEPER

*Discovery*

Episode #121

How to Come Out of Hiding When You Feel Less Than Amazing



# How to Come Out of Hiding

When You Feel Less Than Amazing

## Discovery Verse

## Psalm 146:2

"I will praise the Lord all my life; I will sing praise to my God as long as I live."

### *Grow Your Grit*

I'm responsible to earn praise.

### *Embrace God's Grace*

God is amazing and worthy of praise.

## Discovery Quote

"As soon as I move from relationships to results, that's where I get myself in trouble."

~Cheri Gregory

## Digging Deeper

**1. What strengths of yours are your favorites?**

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**2. How can we separate being busy from being burdened?**

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**3. How can we do life well without comparing ourselves to those around us?**

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**4. Why is it important for us to be important with God about our hurts and feelings?**

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**5. Do you believe lies that others are more important than you?**

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**Discovery Prayer**

Dear Jesus, thank you for always being worthy of our praise. Amen.

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