

# GRIT 'N' GRACE

*good girls breaking bad rules*



## DIGGING DEEPER

*devotional*

Episode #171

Secrets to Planning a Christmas that Won't Disappoint



# Secrets to Planning a Christmas that Won't Disappoint

## Devotional Verse

Luke 2:10

"But the angel said to them, 'Do not be afraid. I bring you good news that will cause great joy for all the people.'"

## Devotional Quote

"That's why we have Christmas chaos. Many of us don't sit down and say, 'What's really important to me and my family?'"

~Kathi Lipp



## Digging Deeper

**1. When do you usually start planning for Christmas? After hearing Kathi's talk, when will you start planning for this year?**

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**2. What do you and your family need most during this holiday season?**

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**3. What would you benefit from eliminating this year?**

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**4. Who have you been knocking yourself out to please? How many other people would be happier if you gave that person the gift of permission to be miserable?**

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5. What do you love about the Christmas season? How can you build more of that into your life as a gift of joy to yourself this year?

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## *Holiday Sanity Saver*

Write your own Holiday Mission Statement this week.

### Devotional Prayer

Lord, I know that Christmas is about celebrating your birth, but it comes with so many expectations. You know the details of my life that are affecting how I feel about the holidays. And that one difficult person—Lord, you who know who I'm thinking about right now. Thank you that I don't have to explain all that to you. Give me wisdom as I decide what is important to me and my family this year, what we would benefit from eliminating, and who I need to find the courage to disappoint. Help me as I build more joy into a season that is so worthy of celebration. Amen.



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